

SEPTEMBER 26, 2023



**LIFE**  
Lifestyle for Environment

**Save Energy**  
ऊर्जा की बचत

**LIFE Themes**

- Save Energy
- Save Water
- Say No to Single Use Plastic
- Adopt Sustainable Food Systems
- Reduce Waste
- Adopt Healthy Lifestyles
- Reduce E-waste

**Awareness  
regarding Mission  
LIFE among  
students of**

**St. Mary Inter  
College, Lucknow**

*An initiative by NBRI-EIACP  
in collaboration with*



## Awareness regarding Mission LiFE among students

An initiative by NBRI-EIACP in collaboration with CSIR-Jigyasa (26<sup>th</sup> September 2023)

The awareness campaign related to Mission LiFE: Healthy LiFE Style Adopted was organized at CSIR-NBRI on 26<sup>th</sup> September 2023. The total of 150 students of **St. Mary Inter College, Lucknow** participated in the interactive talk on “**Themes of Mission LiFE and the importance of organic food in our daily life**”.

**Dr. Anju Patel (Scientist, Co-Coordinator, EIACP)** explained about sustainability concept and how individual actions will help in reducing the carbon footprints. The Mission LiFE plans to create and nurture a global network of individuals, namely ‘Pro-Planet People’ (P3), who will have a shared commitment to adopt and promote environmentally friendly lifestyles.



Through the P3 community, the Mission seeks to create an ecosystem that will reinforce and enable environmentally friendly behaviors to be self-sustainable.

She explained that in 2023-24, Mission LiFE will focus on Change in Demand, by nudging individuals, communities and institutions to practice simple environment-friendly actions (LiFE actions) in their daily lives.

**Dr. N Manika (Programme Officer, EIACP)** also emphasized conserving natural resources, switching to renewable energy resources, and practising 3R (Reduce, Reuse



& Recycle) principles in routine life. She also discussed the negative impacts of single-use plastics and promoted the recycling of e-waste. She made the students take a pledge to adopt a healthy lifestyle for the environment



Students came forward and expressed their views on adopting Mission LiFE and their individual actions to achieve a sustainable lifestyle for the environment.

Students also came to know about the application of "Green Planner" and they practiced Green Planner applicability in their lives.

